

SAVVY SKIN PRESENTS

Microneedling 101: Pre / post care for it!

What is it?



Microneedle/nanoneedle clients please arrive 10 minutes prior to appointment to apply numbing cream! Treatment will take about 45-60 minutes, you will be red afterwards for a few hours! No touching/cleansing/moisturizing for the first day/night

“Collagen Induction Therapy (CIT) or Microneedling is a hot skin rejuvenation treatment that naturally helps trigger collagen and elastin synthesis within the skin. It is also helpful to normalize melanin production for pigmentation disorders and dark spots. It can reduce the look of your stretch marks over time and assist with overall skin firmness. Your skin will over time will look smoother, fresher, and you may see improved fine lines on the face, neck, or anywhere on the body. You acne scars can be remodeled over time with a course of treatments. CIT has minimal downtime which is a day without foundation make-up, but you can go into your normal skin care and make up routine the following day.”

Microneedling 101: Contraindications

- Scleroderma
- collagen vascular disease
- cardiac abnormalities
- rosacea
- blood clotting problems
- platelet abnormalities
- anticoagulation therapy
- facial cancer
- past/present chemo
- steroid therapy
- Dermatological diseases
- diabetes
- other chronic conditions
- active bacterial or fungal infections
- immune-suppression
- scars less than 6 mo old
- facial fillers within the last 2-4 weeks

Treatment is not recommended for patients who are pregnant

Clients who need to take precaution have the following:

Keloid or raised scarring

eczema

psoriasis

actinic keratosis

herpes simplex



Microneedling service

The service begins with a cleansing and skin analysis. A desensitizing cream is applied for 20 minutes for your comfort, then removed. The microneedling is performed to improve your skin texture, tone and firmness. You can resume your normal skin care routine and make up the next day! This service can be repeated every 4-6 weeks. 60 Min.

Pre-care

Come in with a clean face, no makeup!
Stop any acids on face for 3 days prior,
no prior treatments
(facial/peel/botox/filler/IPL/laser)
for a week

Post-care

No Sun/self tan
No acids/retinol for 1 week
No touching/picking
no makeup
no sweating
only hydrating products
(follow sheet given to you at appointment)



Nanoneedling service

The service begins with a cleansing and skin analysis. A desensitizing cream is applied for 20 minutes for your comfort, then removed. The nanoneedling is performed to improve your skin texture, tone and firmness. You can resume your normal skin care routine and make up the next day! This service can be repeated every week! 60 Min.

Pre-care

Come in with a clean face, no makeup!
Stop any acids on face for 3 days prior,
no prior treatments
(facial/peel/botox/filler/IPL/laser)
for a week

Post-care

No Sun/self tan
No acids/retinol for 1 week
No touching/picking
no makeup
no sweating
only hydrating products
(follow sheet given to you at appointment)

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Microneedling 101: Extra Information

Reduce the look of:

- Acne Scarring and other depressed scarring on the body
- Wrinkles
- Stretch Marks
- Dark Spots/pigmentation
- Overall Collagen Boost at a cellular level

Takes anywhere from 28 days to 2 years to really see the enhancements from this treatment!

That's why we recommend a 4-pack and/or combining this with chemical peels along with a solid skincare routine to see the best results!

Ingredients to avoid:

- Preservatives
- fragrance
- surfactants
- Humectants
- emollients
- AHA/BHA

Easier to treat:

- wrinkles
- thin skin
- sun damage
- scars
- acne
- melasma
- rosacea
- hyperpigmentation

Harder to treat:

- skin laxity
- stretch marks
- hair restoration

Can do the following treatments directly after getting needled:

- Led Light Therapy
- Sonophoresis
- Microcurrent

“You will receive a sample of Glymed Plus’ Skin Restoring Fulvic Elixir mixed with their Barrier Repair moisturizer to ensure that your barrier stays nice and healthy along with providing anti-inflammatory properties from fulvic acid! If you are looking to get a skin routine to go along with the treatments, please check out the next page for products / how to purchase!”

Ideal Skincare Routine



MEGA CREAM CLEANSER
(Mega-Purifying Cleanser)

US-GM-057R

Size:

Retail Trial Travel

1

SKIN RECOVERY MIST
(Skin Recovery Mist)

US-GM-121R

Size:

Retail Travel

\$42.90

2



ULTRA HYDRO GEL
(Ultra Hydro Gel)

US-GM-069R

Size:

Retail Trial Travel

\$78.00

3

RESTORING FULVIC ELIXIR
(Skin Restoring Fulvic Elixir)

US-GM-032R

Size:

Retail Trial Travel

3



BRILLIANT TONE

US-GM-07ER

Size:

Retail

\$98.00
US-GM-07ER (1.69 oz | 50 ml)

3

MOISTURIZING PROTECTION CREAM WITH SPF 15
(Photo-Age Protection Cream 15)

US-GM-005R

Size:

Retail Trial Travel

4



BARRIER REPAIR CREAM WITH AMINO ACIDS
(Amino Acid Epidermal Sealant with PC10)

US-GM-09ER

Size:

Retail


4



Budget-Friendly Skincare Routine

MEGA CREAM CLEANSER
(Mega-Purifying Cleanser)



US-GM-057R



Size:


Retail Trial Travel

1



SKIN RECOVERY MIST
(Skin Recovery Mist)

US-GM-121R





Size:

Retail Travel

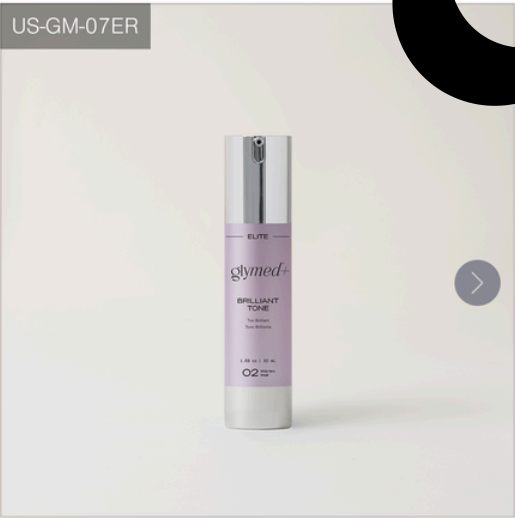
\$42.90

2



BRILLIANT TONE

US-GM-07ER




Size:

Retail

\$98.00


US-GM-07ER (1.69 oz | 50 ml)

3



MOISTURIZING PROTECTION CREAM WITH SPF 15
(Photo-Age Protection Cream 15)


US-GM-005R



Size:

Retail Trial Travel

4



How to Shop:

1. **Go to**
<https://glymedplus.com/store/savvyskinaesthetics>
2. **Add products to cart**
3. **Enjoy your products as soon as you get them!**



or scan this code with your phone
enter in your information
add products to cart &
enjoy!

A screenshot of a mobile web browser showing the 'CREATE AN ACCOUNT' page. The page has a purple header with the 'glymed+' logo and 'REGISTER' and 'SIGN IN' links. The main heading is 'CREATE AN ACCOUNT' with a link for 'ALREADY HAVE AN ACCOUNT? SIGN IN'. Below this is a form with a 'RETAIL STORE: SAVVY SKIN AESTHETICS' section and a 'Change Store' button. The 'CONTACT INFO' section includes fields for 'First Name*', 'Last Name*', 'Email*' (with a red underline), 'Password*', and 'Confirm Password*'. The 'SHIPPING ADDRESS' section is partially visible at the bottom. A chat icon is in the bottom right corner.

Make sure your page looks like this!